

**THE DAILY SADHANA or VISUALIZATION PRAYER of
JAMPAL MRAWI SENGE and YANGCHENMA
according to the tradition of CHAGMED RINPOCHE**

THE MAJUSRI MAHABODHISATTVA with the MOTHER SARASWATI

The Manjusri Lion-voiced is to be thought of in the colour of red-gold,
and his consort, Saraswati in the blue colour.

He is riding on a lion.

O my lama, in the form of the Bodhisattva Manjusri
You called JAMBAYANG who embody the Triple Gem,
Always and at all times I take refuge in you.
For the sake of all that lives, may we attain the realization of the
Manjusri Bodhisattva.

This is the Refuge and Semkye. Now imagine all as disappearing into
the Voidness:

OM SWABHAVA SHUDDA SARVA DHARMA SWABHAVA SHUDDO HUM

Out of the voidness appears a lotus with a moon mat inside it.
On this is a blue lion with the DHIH syllable on its back.
The rays of light stream from it, accomplishing the two meanings
(as an offering to the Buddhas, who in their turn offer it to purify all.)

As the rays return, I am transformed into Jambeyang
(Manjusri, the Bodhisattva) in red colour, with one face.
He is holding the (double-edge) Sword of Wisdom in one hand,
and in the other the Sacred Scriptures of the Perfection
of Wisdom. (PRAJNA PARAMITA)

He is sitting on the lotus in the Vajra pose and in his heart is the
DHRUM syllable. This is transformed into a Chakra Wheel with four spokes
in red colour. . . this is lying flat. On it is standing a wisdom
blade, of the height of four fingers (width). This is encircled by
the Mantra.

In front of him is the HRIH letter, and this is transformed
into the Goddess Saraswati in blue colour. She whom we call
YANGCHENMA is sitting (standing) carrying the Sword of
Wisdom and the sacred scriptures in her hands. Both of the
Divine Ones are wearing silks and are adorned beautifully with
the traditional jewel ornaments.

In the heart of the Divine Mother is a four-petalled lotus, and on
it a small wisdom blade is standing, signed with the HRIH letter.

Her mantra encircles this. Streaming light, it invokes the Divine Mothers like herself who are imagined in the sky in front of me.

In the form of light they descend and are absorbed in me.

The light streams from my (Jambeyang's) heart, and all the wisdom of the greatly learned ones, of the Buddha's disciples, the solitary Enlightened Ones, and erudite scholars comes in return, like light rays and are absorbed into the crest of my head.

The Three Baskets of the Tripitaka teachings of the Buddha, the Four Sections of the Tantra, and all the Secret Instructions (Damngags) come in rays of light and are absorbed in my throat.

Then the sun and the moon and the jewels; the essence of the four elements (earth, air, fire and water) come in the form of light and are absorbed in my heart:

**OM HRIH DHIH MAME DIPOM MANJUSRI MUM HRIH SARASWATI
PRAJNA VARDHANI HRIH DHIH SWAHA**

Repeat this Mantra many times.

Imagine the eight beautiful offering goddesses emerging out of myself: they fill the sky with their offerings in devotion to the Divine Ones. They are making the Sevenfold Offerings; the offering of the five Senses; the Seven Royal Jewel Offerings; and the Eight Lucky Signs of the Buddha. Mount Sumeru I am offering; the Four Continents; all the enjoyments of the heavens - imagining all these in my mind I give them to the Divine Father and Mother, Jampal and Yangchenma.

On me they immediately bestow all the oral teaching, the learning, the sacred secret Dharmas (chos); and all the primordial ancient Knowledges.

Then I sing songs of praise:

THE HYMN

O you on the lion and lotus seat
Son of the Buddha, Jambeyang,
Red of hue, holding the wisdom sword and the Scriptures
Before you, O lion-voiced One, I bow in devotion:
On the sun disc in the heart of the water-born lotus.

You, the Mattaji, from whom the Buddhas of the Three Times are born.
Blue of hue, holding the wisdom sword and the Scriptures
Before you, O Saraswati Mother, I bow down in devotion

To you, O Yangchen Mother, I bow in devotion.

By virtue of this, I,
Having attained to the Divine Bodhisattvas, Jambeyang
and Yangchenma
May all beings without exception
Attain their blessed State of Illumination (Buddhfield)

This Sadhana was translated by Gelongma K.K. Palmo with the help of the late THUTOP TULKU, and is offered in reverence at the feet of our TSAWI LAMA.

SHARING THE MERIT

By this merit, may I become enlightened
Having become enlightened, may I defeat all evils.
Through the endless storm of birth, illness, old age and death
May I help all beings to cross the ocean of the suffering of the worlds.

A PRAYER OF PRAISE FOR THE LAMA

He is beyond this world of ours, but, by his skill in means
The spontaneous action of the Buddhas of the Three Times he accomplishes
The Three Sources, all together is the Mahasiddhi Karmapa,
By whose Mandala of manifold Divine Ones may all be auspicious.

TASHI SHOK

This prayer translated by Karma Khechog Palmo and Topgah Rinpoche.